

TROJAN HEALTH & WELLNESS

SPRING '24 GROUP SCHEDULE



-you-
MATTER



@vsu_thaw

TURNING THE PAGE

FOSTER 211 @ 5PM

2/5 3/4 4/8



SAFE SPACE

MEMORIAL 403 @ 5PM

2/21 3/20 4/3 4/17



COPING 101

FOSTER 211 @ 4PM

2/12 2/26 3/25 4/8 4/22



ANGER MANAGEMENT

MEMORIAL 3RD FLOOR

@ 3PM

3/7 3/21 3/28 4/4



BROTHER 2 BROTHER

WILLIAMS BASEMENT

@ 5:30PM

2/6 2/20 3/5 3/19 4/2 4/16



GRIEF

FOSTER 211 @ 4PM

2/28 3/27 4/24