



Career Services

804-524-5211 • www.vsu.edu/career-services

The Internship Program
"Learning in Action"

Are You Ready for An Internship?



To determine whether an internship would be right for you, rate the following statements.

Rate each statement accordingly:

Strongly Agree =5; Agree =4; Uncertain =3; Disagree =2; Strongly Disagree =1

- ___ 1. I would like to extend what I am learning/researching beyond the classroom.
- ___ 2. I sometimes wonder how what I have been learning in the classroom applies to the world of work.
- ___ 3. I have taken courses relevant to my career interests, or I plan to next semester.
- ___ 4. As I observe other students who seemingly have more extensive work experience, I wish there was some way to get experience related to my future career plans.
- ___ 5. It would be possible to adjust my courses for next semester so that I would have at least ten hours of open time per week to work at an internship on or off campus.
- ___ 6. It would not be necessary for me to earn money if I were to consider an internship.
- ___ 7. I really have no idea whether I will attend graduate school because I don't know what I would study.
- ___ 8. I am experiencing some boredom with my classes and want to pursue other extracurricular activities.
- ___ 9. My parents ask me, "What are you going to do after you graduate?" And I don't know.
- ___ 10. This coming summer, I would consider working part-time and interning part-time without pay.

SCALE:

Ready for an internship 30+

Need to consider potential obstacles before starting an internship 25-29

It will take careful planning and rethinking of priorities to begin an internship 20-24

It may be best to consider other options fewer than 20

Name _____ Major _____ Total Score _____