

**VIRGINIA STATE UNIVERSITY DIETETIC INTERNSHIP ACADEMIC UPDATE
REQUIREMENT FORM**

- If you have met DPD requirements **5+ years ago**, you must complete all VSU DI application packet materials, including this form.
- You must demonstrate how you have met all of the following foundation knowledge and skills for the American Dietetic Association Didactic Component within the past 5 years. Provide supporting documentation, if necessary.
- This form must be complete and approved by VSU DI Program Director before you submit your VSU DI application packet.
- A copy of this form, signed by VSU DI Program Director, must be included in your VSU DI application packet.

Name:

SS:

Contact Information

Email:

Phone and best time of day (EST) to contact you:

Address:

1. Communication

Demonstrate you have the updated knowledge of:

- Counseling theory and methods
- Interviewing techniques
- Educational materials development

Demonstrate you have the ability to:

- Use oral and written communications in presenting an educational session for groups
- Counsel individuals on nutrition
- Explain a public policy position regarding dietetics
- Use current information technology

2. Physical and Biological Sciences

Demonstrate you have the updated knowledge of:

- Genetics
- General health assessment (e.g. blood pressure and vital signs)
- Fluid and electrolyte requirements
- Pharmacology: nutrient-nutrient and drug-nutrient interaction

Demonstrate the ability to:

- Interpret medical terminology
- Interpret laboratory parameters relating to nutrition

3. Social Sciences

Demonstrate you have the updated knowledge of:

- Economics and nutrition

4. Research

Demonstrate you have the knowledge of:

- Research methodologies
- Needs assessment
- Outcomes-based research
- Quality improvement methods

Demonstrate you have the ability to:

- Interpret current research

5. Food

Demonstrate you have the updated knowledge of:

- Biotechnology
- Sociocultural and ethnic food consumption issues and trends
- Food safety and sanitation
- Food delivery systems
- Availability of food and nutrition programs in the community
- Local, state, and national food security policy
- Food production systems
- Environmental issues related to food
- Role of food in promotion of a healthy lifestyle
- Food and nutrition laws/regulations/policies

6. Nutrition

Demonstrate you have the updated knowledge of:

- Evolving methods of assessing health status
- Assessment and treatment of nutritional health risks
- Medical nutrition therapy
- Strategies to assess need for adaptive feeding techniques and equipment
- Health promotion and disease prevention theories and guidelines
- Complementary and alternative nutrition and herbal therapies
- Dietary supplements

Demonstrate you have the ability to:

- Calculate and/or define diets for health conditions addressed by health promotion/disease prevention activities and chronic diseases
- Screen individuals for nutritional risk
- Collect pertinent information for comprehensive nutrition assessments
- Measure, calculate, and interpret body composition data
- Calculate enteral and parenteral nutrition formulations

7. Health Care Systems

Demonstrate you have the updated knowledge of:

- Health care policy and administration
- Health care delivery systems
- Current reimbursement issues, policies, and regulations

Mail this document and supporting materials with a \$25 evaluation fee payable to the VSU Dietetic Internship. Send materials to Dr. Brenda Malinauskas, VSU Dietetic Internship Program Director, Department of Agriculture and Human Ecology, PO Box 9211, Virginia State University, Petersburg VA 23806.

If you have questions, please contact Dr. Malinauskas directly at 804-524-5502 or email her at bmalin@vsu.edu