



# VIRGINIA STATE UNIVERSITY

P.O. Box 9082  
1 Hayden Drive  
Petersburg, Virginia 23806

Student Health Center  
(804) 524-5711 Office  
(804) 524-5026 Fax

June 5, 2018

Dear VSU Parents/Guardians:

The influenza (flu) virus is a contagious communicable respiratory illness that is caused by a virus and can be spread via droplets on the mouth and nose. The flu may be mild to severe and can lead to death. Virginia State University (VSU) is making every effort to protect your child/children from contracting the flu. Therefore, we would like to partner with the VSU parents/guardians of the student population and request that all parents make every effort to get each student immunized by receiving the Influenza (flu) vaccine annually at the beginning of the season (September through May). The Student Health Center offers the influenza vaccine free for students beginning in September on a first come first served basis.

If your student is diagnosed with the flu or flu-like illness, our pandemic influenza plan states that the student will need to be picked up by the parent/guardian or authorized individual within 24 hours. Students diagnosed with flu or flu like illness may return to campus when their temperature is below 100 degrees and off fever reducers for 24 hours. Students should be seen in our Student Health Center or by their primary care physician before returning to classes for a medical clearance to return to campus.

Thanking you in advance for your assistance in this matter. If you have further questions, please contact VSU Student Health Center at the number listed above.

Sincerely,

Darylnet Lyttle, Ph.D., RN, FNP-BC  
Director

George Quarshie, MD  
Physician