



We are the
Counseling Center



University Counseling Center Event Series - Fall 2009

Are you ready for
this?



August:

9th

UCC Welcomes New Students
1:00 – 3:00 ~ Foster Hall -Back Lawn

September:

6th – 12th

National Suicide Prevention Week

16th

Wellness Wednesdays ~Daniels Gym
11:00 am – 1:00 pm ~ Wellness Center

October:

1st – 31st

National Disability Awareness Month
Essay Contest “disABILITIES Not inABILITIES”

1st – 31st

National Domestic Violence Awareness Month
The Red Flag Campaign

1st

Open Mic Poetry Night on Dating Relationships
7:00 p.m. ~Trojan Corner ~ Foster Hall

8th

Depression Screening & Mental Health Day

14th

Alcohol & Drug Awareness Program
Becky Wyatt, Guest Speaker

16th

Wheelchair Basketball Game
7:00 pm ~ Daniels Gym

18th – 24th

National Collegiate Alcohol Awareness Week

21st

Wellness Wednesday ~ Daniels Gym
11:00 am – 1:00 pm ~Wellness Center

November:

18th

Wellness Wednesday Daniels Gym
11:00 am – 1:00 pm ~Wellness Center

December:

7th

“Soberfun at 21”~ 21st Birthday Celebration
Exclusively for students born in 1988 (ID required)
Trojan Corner ~ Foster Hall

University Counseling Center
Memorial Hall ~ Lee Street
Room 101 & 4th Floor
Box 9172 Petersburg, VA 23806
Dr. Christine H. Diggs, Director

Our Motto: “Seeking Help ~ Finding Hope”

Monday – Friday, 8:30 a.m. – 5:00 p.m.

Telephone: (804) 524-5939/5061; TTD (804) 524-5838

Visit Our Website for up to date
information and resources:
<http://www.vsu.edu/pages/322.asp>