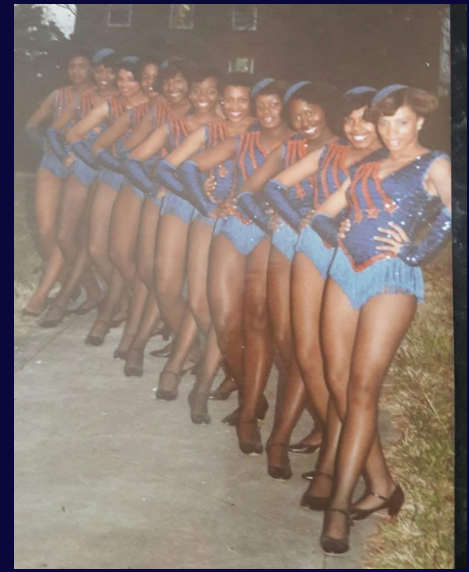


# Essence Of Troy

**INTEREST MEETING 2022-23**

Thanks for joining! The meeting will begin shortly!



**Welcome!**



***Essence Of Troy*** affectionately known as “The Jewels of the CIAA” are the official dancers of Virginia State University’s Trojan Explosion Marching Band. The team primarily performs sideline and halftime routines during football games. It is a fall and spring commitment with increased travel during the fall semester.

***An Essence Of Troy experience includes:***

- Travel opportunities up and down the East Coast
- Development and networking opportunities
- Building lifelong friendships through sisterhood and being part of the larger marching band family
- Serving as a role model and ambassador of the university



# *What does it take to be Essence Of Troy?*

## **Minimum Requirements:**

- **Attend Virginia State University**
- **Maintain a 2.5 GPA or above**
- **Strong teamwork and communication skills**
- **Solid work ethic and positive attitude**

## **An ideal candidate:**

- **Has previous dance experience to include jazz dance fundamentals (kicks, leaps, turns)**
- **Previous experience as marching band auxiliary is a plus!**
- **Is physically fit and toned with health being of utmost importance**
- **Is able to demonstrate flexibility and agility**

# COACHES

- Held position since 2003
- Joined TX in 1995
- Joined EOT in 1998
- Richmond Public Schools Counselor
- Entrepreneur



HEAD COACH: SALENA SCOTT



ASST. COACH: SHERIKA WILLIAMS

- Held position since 2021
- Joined TX in 2003
- Joined EOT in 2006
- Captain 07-08
- Financial Operations Sr. Manager
- Entrepreneur

# 2022 Audition Timeline

Interest Meeting  
March 3, 2022

-Get all the need to know info for auditions!

Clinic  
March 19, 2022

-Open to high school seniors and VSU students.

-Highly suggested for those auditioning for the upcoming season

Essence Week  
March 21-

-A full week of EOT events

-Get to know the team, learn dances and participate in activities that will further prepare you for auditions.

Round 1- Video Submission  
March 30, 2022

-Video due no later than 3/30

-Applicants will receive invite to Round 2 no later that 4/2

Round 2- Day 1  
April 9, 2022

-Round 2 is a 2 day in person final audition.

-This is invite only.

Round 2- Day 2  
April 10, 2022

-Full details will be received with invite for those who progress to Round 2.

# Round 1- Video Submission

- **Introduction:** Start your video with a clear introduction including your name, where you are from and the school you attend.
- **Video content** should demonstrate your dance ability to include technique such as kicks, turns, and leaps. The choreography is not required to be original. You should be the only person in the video.
- There is **no time limit**. Just be sure to demonstrate your strengths as a dancer.
- All music used should be clean versions.

- Submit by uploading the video to Youtube as **UNLISTED** and sharing the link by email. If it is not marked as unlisted, we will not be able to view. Video does not have to be professionally done but be sure it is clear and we can see what you are doing.
- Submit **NO LATER** than March 30th, 2022.
- You will receive a response via email on whether or not you will progress to Round 2 by April 2nd, 2022. For those who progress, further instructions will be included.

# Other Important Details for Video Submission

## **The Look:**

- Make up and hair should be done and complimentary to you.
- Hair should be worn down.
- Attire in video should be complimentary to what you are doing. Uniforms/costuming or dance/athletic attire is acceptable.
- Please ensure attire is form fitting so lines and movement can be seen.

## **Judging Criteria :**

Appearance

Showmanship

Flexibility and Agility

Technique

Style Adaptation

Image and Overall Presentation



# FAQ

## How many ladies are being selected for the team?

- The average size of the team is 12-16, but we do not seek a specific number.

## Can high school seniors audition?

- Yes. High school seniors are welcome to audition and must present a VSU acceptance letter by final audition to be considered.

## How much does it cost to be on the team?

- Members typically have a financial obligation of approx \$500 that is paid in installments. This covers practice/travel attire, shoes, tights and other personal items.

## What is the time commitment for the marching band?

- The band reports to school for band camp around the first week in August. Band camp is a full time commitment. Once classes begin, practices are 6:00pm to approx 9:00pm on weekdays with game days on Saturdays. There are often additional performances throughout the season as well. Note: Essence of Troy starts with a mandatory mid-summer intensive.

# Contact Information

Email:

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@vsu.eot

