

DEPARTMENT: Health, Physical Education, Recreation and Dance (H.P.E.R.D.)
 DEGREE: Bachelor of Science (B.S.) MAJOR: Health and Physical Education
 MINOR 1: MINOR 2:

Name: First: Middle Initial: Last:			V#		Phone: ()		
Minimum 2.0 Overall G.P.A.		All Core (PHED), RC		English (ENGL) and HPERD M		or Courses:	Minimum Grade: C-
HPERD Course Curriculum				Substitutions/Minor/Waived		Letter Grade or TR (Transfer)	
Course Title		Hrs	Course ID	Course Title		Course ID	Grade/TR Total Hours Sem/Year
Freshman Year							F/W/Sp/Su/Year
Composition I		3	ENGL 110				
Health and Wellness		2	HPER 170				
Basic Math I		3	MATH 112				
Body Mechanics		1	PHED 125				
History Elective		3					
Social Science Elective		3					
Composition II		3	ENGL 111				
Basic Math II		3	MATH 113				
Foundations of Physical Education		2	PHED 120				
Science Elective (Lec/lab)		4	BIOL 116				
Technology Elective		3					
Sophomore Year							
Beginning or Intermediate Swimming		1	PHED 127 or 128				
Team Sports I or II		1	PHED 200 or 201				
Coaching and Officiating		2	PHED 232				
History, Principles & Obj of Phys Educ		3	PHED 274				
Global Studies Elective		3					
Humanities Elective		3					
Literature Elective		3					
Theory and Practice of Gymnastics		1	PHED126				
Lifetime Sports I or II		1	PHED 211 or 212				
Minor		3					
Unrestricted Elective		3					
Unrestricted Elective		3					
Unrestricted Elective		3					
Junior Year							
First Aid/Emergency Medical Care		2	HLTH347				
Science Elective (Lec/lab)		4	BIOL 318				
Unrestricted Elective		3					
Unrestricted Elective		3					
Unrestricted Elective		3					
Motor Learning		2	PHED 329				
Rhythmic Forms		1	PHED 335				
Kinesiology		3	PHED 338				
Minor		3					
Unrestricted Elective		3					
Unrestricted Elective		3					
Senior Year							
Measurement and Eval of Hlth and PE		3	PHED 339				
Adapted Physical Education		3	PHED 400				
Org & Adm of Hlth, PE, Recr & Athletics		3	PHED 401				
Physiology of Exercise		3	PHED 403				
Minor		3					
Minor/Internship		3	PHED; PESH; HLTH; RECR or DANC 472	RECR472			
Minor		3					
Minor		3					
Unrestricted Elective		3					
Unrestricted Elective		3					
Total Hours Required		120					
Cleared For Graduation				Completed		Hours	0
Chairperson, H.P.E.R.D., Signature				Graduation Month and Year			
Dean, College of Education, Signature				Date:			
				Date:			

COLLEGE OF EDUCATION
DEPARTMENT OF HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE
COURSES REQUIRED FOR RECREATION MINOR (HPERD MAJORS)

Student Name: First: Middle Initial: Last: V #:

All courses for the Minor must be completed with a minimum grade of C in each course, and a minimum overall grade point average of 2.0. A Minor Request Form must be completed with proper signatures and filed in the Registrar's Office. Successful completion of the Minor is indicated on the transcript.

Students in any school at Virginia State University may declare the **Recreation Minor** and satisfy the requirements by completing a minimum of 18 semester hours as indicated below.

REQUIRED 12 COURSES BELOW:

COURSE TITLE	COURSE ID	SEMESTER HOURS	LETTER GRADE	SEMESTER/YEAR
Foundations of Recreation and Leisure	RECR 100	3		
Tourism & Commercial Recreation	RECR 231	3		
Recreational Areas and Facilities	RECR 354	3		
Internship*	RECR 472	3		

SELECT ANY 6 SEMESTER HOURS FROM THE FOLLOWING COURSES:

COURSE TITLE	COURSE ID	SEMESTER HOURS	LETTER GRADE	SEMESTER/YEAR
Introduction to Therapeutic Recreation	RECR 200	3		
Special Topics in Recreation	RECR 301	3		
Leisure Program Development	RECR 321	3		
Management of Leisure Services	RECR 351	3		
Camp Counseling/Outdoor Leisure Activities	RECR 352	3		
Recreation Activities and Leadership Methods	RECR 353	3		
Theory and Philosophy of Recreation	RECR 453	3		
Total Hours Required: 18	Total Hours Completed			

*Students are strongly encouraged to consult with their advisor regarding enrolling in RECR 471 Internship Seminar to prepare for RECR 472 Internship

Cleared for Graduation _____ Graduation Month and Year: _____

HPER Department Chairperson's Signature _____ Date: _____

College of Education Dean's Signature _____ Date: _____