



Four-Year Plan

Career Services at Virginia State University is committed to work with students beginning their first year and beyond. We will help you narrow down your interests, passions, and abilities, and help you create your own individual plan for success.

First-Year: Adjust to College Life and Learn About Yourself

- Learn about Virginia State and the Trojan community.
- Get involved! Build relationships and connections with faculty and other students.
- Explore your interests with a varied class schedule, and be open to new ideas and opportunities.
- Meet with a Career Services advisor to learn about services, resources and assistance in Choosing a Major.
- Utilize career assessment tools to learn about your skills, abilities, values, and interests.
- Explore “What can I do with this major” and conduct informational interviews.
- Register for **Handshake** at: <http://www.vsu.edu/career-services/index.php>.
- Develop a LinkedIn Profile.

Second-Year: Select a Major

- Develop a career strategy and a Career Action Plan (CAP).
- Prepare a résumé and cover letter to begin the search for a part-time job or internship.
- Explore “What can I do with this major?” and conduct informational interviews.
- Receive career planning advice and participate in career programs & workshops.

Third-Year: Translate Experiences into Career Goals

- Obtain an internship or experiential learning experience related to your major.
- Participate in career programs & workshops, especially job interview preparation.
- Determine what interests you hold which might translate to career goals.
- Network and develop connections with persons of interest in the field of interest.
- Explore graduate or professional school options; take entrance examinations.

Fourth-Year: Implement Goals

- Implement your job search plan or determine your post-graduation plans.
- Refine résumé and cover letters, attend mock interview sessions and continue to network through on campus recruiting opportunities.
- Join Linked-In and become a member of the VSU Group.
- Complete graduate or professional school applications if applicable.

Post Graduation: Continuing Career Development

- Remain connected to Career Services as a source of information.
- Join Linked-In and become a member of the VSU Group.